GURAGE MOtivation Life Goals DREAMS Values respect DGNITY CHOICES speak out **BE CLEAR** Include Others Positive Focus

ANNUAL REPORT 2010



MOT has the lives of the youth as its core focus.
 MOT empowers the youth to make their own choices and to show courage – courage to live, courage to care, courage to say no.
 PBO no: 930 028 579 NPO no: 078–690

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BRIEF WELCOME...

ABOUT MOT SOUTH AFRICA

Registration & Status

MOT SA is registered as a Non-Profit Organisation with the Department of Social Development (NPO number: 078-690).

MOT South Africa is also registered as a Public Benefit Organisation in terms of Section 30 of the Income Tax Act and is exempt from paying tax on income generated in terms of Section 10(1)(cN) of the Act. In addition, MOT SA has been approved for purposes of Section 18A(1)(a) of the Act and donations to the organisation will be tax deductible in the hands of donors (PBO number: 930 028 579).

MOT SA is registered for VAT with the South African Revenue Service (VAT number: 468 025 7658).

MOT SA has received a BEE Socio-Economic Development Certificate in terms of its profile of beneficiaries as stated under the BBBEE Act (53/2003).

Purpose of MOT SA:

To ensure that the youth of SA have the courage, resilience and life skills to make the right choices for them to develop to their full potential and become positive role models in their communities.

Vision of MOT:

A warmer and safer environment for the youth.

Mission of MOT:

Empowering the youth to make conscious choices that result in them better mastering life.

Strengthening the youth's courage to take care of themselves and each other.

Working at altering the youth's attitudes, focusing on establishing sound values, choices, and a belief in their own abilities.

Values of MOT:

Courage to live; Courage to care; Courage to say no. Dear MOT SA Friends, Members & Partners

We have come to the end of another successful year for MOT South Africa. With the assistance of MOT Norway, Metropolitan Health Group, AfriSam, Santam, Juta, Old Mutual, Spier, our Brand Ambassadors, Board members and volunteers, MOT SA was able to showcase our youth development work and to enhance the training of MOT presenters at the Courage2B Conference. The conference, held at Spier in December 2010, brought together experts in the field of human behaviour and development, FET College leadership, MOT presenters from Norway and South Africa, and MOT students. Together, we strengthened our courage, commitment, and knowledge, to assist the youth to develop to their full potential.

Thanks to each of you who support the development of youth in South Africa. It is a privilege to see young people changing their lives, developing positive attitudes and hope for the future, gaining self-confidence, or turning away from bad influences, like alcohol or drug abuse.

Let us continue on the path of transforming the lives of, and positively influencing the future of the youth of South Africa.

Yours sincerely,

W.Möner

Wanda Möller CEO, MOT SA

Contact information: Tel: +27 (0) 21 696 6610 Cell: +27 (0)82 373 1744 Email: office@mot.org.za Website: www.mot.org.za

Chairperson's Report

Dear Friends

Welcome to the second Annual Report of MOT South Africa. This year marks the third year of MOT in South Africa. The past six months have flown by and what an inspiring six months we have had as we continuously seek to improve the lives of the youth. We are pleased to announce that our 1st International Conference held in December 2010, was an overwhelming success. As the happy memories of the conference linger in our minds, MOT SA gratefully acknowledges all our corporate sponsors, guest speakers, directors of ceremonies, conference delegates and most of all, our dedicated MOT presenters and students. Congratulations to Elize Erasmus, Lecturer at Tygerberg Campus, Northlink College and Olwethu Penxa, student at Paarl Campus, Boland College, who were selected as MOT Presenter of the Year and Student Role Model of the Year, respectively.

The Board of MOT SA held our first Strategy Workshop in December 2010. The purpose of this two-day workshop was to build a strategic plan for MOT SA. The Board compiled a 5-year plan to expand MOT to 50 000 youths by 2016 with a recognisable presence in the Secondary Schools and FET Colleges in at least three provinces in South Africa.

MOT SA has started with the roll-out of the MOT programmes in Secondary schools in the Western Cape, together with principals and educators and now implements two life-skills programmes for youth; one targeting the youth between the ages of 13 and 16 years and the Senior Phase Programme targeting the youth between 16 and 21. Sustained expansion will see the implementation of the MOT programmes at FET colleges and Secondary schools throughout South Africa.

MOT SA is proud of achieving immediate, tangible and visible results in the lives of the youth, while at the same time affecting long-term changes in the classroom and in their communities. Through the MOT programmes, the youth are empowered with courage, resilience and life skills to make the right life choices for them to develop to their full potential and become leaders and positive role models in their communities.

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Our youth are faced with challenges and difficult situations on a daily basis, which are reflected in poverty, broken families, emotional and physical abuse as well as fighting substance abuse in their young lives. Most of these young people are vulnerable and end up in environments and communities where the situation becomes severe, with a strong negative impact on their lives. The MOT Programmes support the youth by providing them with the much needed life-skills that teach them how to manage and overcome these negative challenges.

I would like to thank my fellow Board members serving the youth of South Africa. Your devotion is testament to your tremendous belief in the youth of this country. The management team of Wanda, Delia and Marthe has made us proud this past year in holding the fort and making great strides in developing the Brand further especially through the well-organized conference. We still have huge challenges in the funding of our programmes in an economic climate that does not seem to favour liberal sponsorships.

On behalf of the Board of MOT SA and management team, I thank you for your interest in MOT SA. To our current and prospective partners, we deeply appreciate your support and the work that you do to improve the lives of the youth and to make our communities better places to live and work. I call upon you to further strengthen MOT SA so that we can expand the MOT programmes to as many youth as possible.

I leave you with the meaning of MOT, "Courage."

My best wishes

Eltie Links Chairperson: MOT SA

MOT SA BOARD



Prof Elias (Eltie) Links (Chairperson)



Prof John David Volmink



Ms Ntombekaya (Kaya) Nyati



Mr Eric Zakhe (Zozo) Siyengo



Mr Brian Michael Eagar



Mr Atle Vårvik



Mr Jannie Isaacs



Ms Wanda Möller (CEO)



Mr Jarl Aré Hovstad (Alternate Board member)



Ms Trish van der Merwe (Alternate Board member)

MOT SA Resource Committee



Mr Brian Dalton (Convenor)



Mr Keith Loynes

Mr Jarl Aré Hovstad Mr Jannie Isaacs Ms Wanda Möller (CEO)

MOT SA OFFICE



Delia Timmie (Programme Coordinator)



Martha Isaksen (Youth Leader)

Ms Wanda Möller (CEO)

Organisational Profile

MOT SA is a professionally managed and committed Public Benefit and Non-Profit Organisation, active in empowering and equipping the youth with essential life-skills. MOT South Africa was established in 2008 and is governed by a Board.

The organisation has a governance and management structure comprising of the Board, the MOT SA office, MOT coordinators at each of the Further Education & Training (FET) Colleges and trained MOT presenters at each of the College campuses where MOT is implemented. The Chief Executive Officer of MOT SA is Wanda Möller. Delia Timmie is the Programme Coordinator and Marthe Isaksen, a Norwegian volunteer working full-time at the MOT SA office, is the Youth Leader who has been piloting social networking for MOT SA.

The main focus of MOT SA is to ensure that the youth of South Africa have the life-skills, the resilience and the courage they need to make the right choices for them to develop to their full potential, contribute to society and become positive role models in their communities.

MOT SA specifically focuses on youth from previously disadvantaged communities and many individuals have identitied and realised their goals and dreams through the MOT programme.

In 2010, MOT has directly impacted on the lives of more than 9000 youths, equipping them with life-skills and empowering them to manage their lives with dignity and to make the right choices. Altogether 550 MOT sessions were held over this period in the FET Colleges. These sessions were facilitated by 253 active volunteers, trained as MOT Presenters.

MOT has a designated MOT Coordinator in each college who plans, monitors and supports the implementation at local level and reports to the MOT SA office.

MOT SA Organisational structure & Model



Organisational Profile

In 2010, MOT was implemented at the following FET College Campuses:

COLLEGES	CAMPUSES	MOT COORDINATORS
Boland College	 Caledon Paarl Stellenbosch Strand Worcester 	Brian Phike Deputy CEO: Education and Training
College of Cape Town	 Athlone City Crawford Gardens Gugulethu Pinelands Thornton Wynberg 	Nizaam Pasha MOT Coordinator & Education Specialist
False Bay College	 Khayelitsha Muizenberg Westlake Fish Hoek 	Karin Hendricks Deputy CEO: Innovation and Development
Northlink College	 Belhar Bellville Goodwood Parow Protea Tygerberg Wingfield 	Trish van der Merwe Deputy CEO: Innovation and Development
South Cape College	 Bitou George Hessequa Mossel Bay Oudtshoorn 	Ulricha de Klerk Head of Department: Student Support Services
West Coast College	 Atlantis Citrusdal Malmesbury Vredenburg Vredendal 	Ntombekaya Nduna Student Support Manager: Department Innovation and Development

From 2011, MOT SA will be offering two programmes; the Junior Phase Programme for Secondary Schools, focusing on youth between 13 and 16 years, and the Senior Phase Programme for FET Colleges and Secondary Schools targeting youth between 16 and 21 years.

The MOT programmes form part of the students' school/college programme. With the assistance of MOT Norway, MOT SA trains staff at Secondary Schools and at FET Colleges to facilitate the MOT programmes with the students. The trained presenters and coordinators volunteer their time, energy and skills to improve the quality of life of the youth by teaching them the social skills they need and behavioural norms to improve their lives.

The Junior Phase Programme consists of 12 sessions scheduled over a 3-year period. The different sessions have the following themes: Role-play saying No and accepting oneself; Meeting with the parents; Positive focus; Strengths and self-confidence; Respect; Choices; Dreams; Dialogue between youth and parents; Courageous Role Models; Belonging; Dignity & Integrity; and Belief in the Future.

The Senior Phase Programme consists of nine sessions presented over a 3-year period. The themes for these sessions are: Getting to know oneself and others; The class culture and strengthening positive behaviour; A positive mindset and making the best of opportunities; Communication skills; Values; Role models and filtering of information; Deciding for oneself and creating one's own future; Living a balanced life; The Graduation ceremony and challenges when leaving school/college.

The presenters are provided with a Presenters' manual to conduct the MOT sessions. Each session consists of various practical exercises, role-plays, discussions and group work to ensure the students' active participation and learning.

MOT Programmes' focus areas:

- Education and life-skills development of the youth;
- Social cohesion in the classroom;
- Healthy lifestyle choices & the well-being of the youth;
- Developing self-confidence and showing courage & resilience;
- Developing youth into achievers, role models and leaders in their own communities.

Why the MOT programmes are proven to be so successful:

- It is long-term programmes facilitated with the students over a three-year period;
- The MOT Presenters are trained facilitators;
- The MOT sessions are fun and require active student involvement and participation;
- Each MOT session has clearly defined learning themes and objectives;
- A safe, supportive and friendly classroom environment is encouraged and created through the MOT sessions;
- The MOT presenters are provided with user-friendly manuals;
- MOT focuses on both general and specific life-skills;
- Modelling of life-skills and behavioural norms by carefully selected MOT Presenters;
- Encouraging and developing peer leadership and role-modelling in the classroom;
- Developmentally appropriate inputs as the MOT group sessions are based on students' responses, interactions and discussions.

Monitoring & Evaluation

In 2010, MOT SA conducted the second year of research among students who have completed the MOT Programme. 165 Students took part in the research study and completed anonymous questionnaires.

The research results again substantiated the need for the MOT programmes amongst the youth, and an average of 73% of the students responded positively to the questions. The research results do not only validate the work done by the MOT presenters, but also emphasise the importance of life-skills programmes to affect long-term change and to assist the youth with their holistic development. The research showed that 76% of youth indicated that it is important to have MOT at their College.

In addition to developing youth into future leaders and positive role models, MOT SA also aims to improve the retention rates of students and to motivate them to focus on, and to finish their studies. To evaluate this objective, MOT SA will extend its research to monitor and evaluate the throughput numbers of MOT classes.

Amid the economic constraints, 2010 was an important year in which everyone had to re assess their social development programmes and its impact on beneficiaries and society. The research, feedback and testimonies from the youth taking part in the MOT programme are evidence of the significant change and opportunities that MOT create for the youth of the Western Cape. This feedback re-enforces MOT SA's efforts to expand MOT to reach more youth and to build long-term sustainable partnerships with Corporate South Africa, Foundations and other funders.



Students' opinions on completion of the MOT programme

Students:

"I never got along with people my age, but due to the MOT programme I have found a way to express myself in a manner that is appropriate to all and I am very grateful for that, because now I can achieve what I have always wanted too, and that is to be successful in life." **Ameer Solomons**, Building & Civil Engineering student, Northlink College, Belhar Campus.

"MOT gave us energy and taught us to take responsibility for ourselves and our future and to never give up on our dreams." **Shaney Taute**, Tourism student, Northlink College, Tygerberg Campus.

"The MOT sessions helped me to believe in myself, to have more courage and to say no when there is a need to say no. It encourages me to be positive in life. The MOT programme is an absolute must for all the youth and learners in South Africa." **Alvina May**, Safety in Society Student, False Bay College, West Lake Campus.

MOT Presenters:

"MOT is really changing the lives of young people at our College; it really needs to be taken seriously." **Ntombekaya Nduna**, Student Support Manager: Department Innovation and Development & MOT Coordinator, West Coast College.

The MOT programme is a much needed tool for the self-affirmation of youth in schools and to ensure that the dignity of all individuals is maintained and especially the youth at risk are supported to achieve to their full potential." **Kubeshini Govender**, Deputy Chief Education Specialist: Western Cape Education Department & MOT Presenter.

"This is a programme we must continue as it has much value for our youth who are facing many challenges and negativity on a daily basis. This programme gives them positive guidance and a wonderful perspective on how to live their lives. We as presenters can through our commitment to this programme make a huge difference in their lives." **Karin Hendricks**, Deputy CEO: Innovation and Development & MOT Coordinator, False Bay College.

MOT Courage2B Conference Delegates:

"I am absolutely bowled over and inspired by the students. The presenters were brilliant!" **Kim Edwards**, HR Development, RSM Betty & Dickson.

"The MOT Programme should be introduced to other youths all over the world, to help them make the right decisions between yes and no, and to show courage." **Waynen Ryan**, MOT Student, West Coast College, Malmesbury Campus.

"It was just phenomenal to be around such prestigious guests. The spirit of MOT among the students is out of this world. To MOT: Continue with inspiring, caring and encouraging as many youngsters as you can. Given the chance, we can make a difference." **Themjive Dapula-Mdoko**, Campus Manager, West Coast College, Malmesbury Campus.

Independent Auditors' Report

RSM: Betty & Dickson

RSM Betty & Dickson (Cape Town) Chartered Accountants (SA) 15 Greenwich Grove, Station Road, Rondebosch, Cape Town, 7700 P0 Box 578, Rondebosch, Cape Town, 7701 Docer 7, Rondebosch T • 272 1686 7890 F + 27 21 686 7888 E mail@cLrsmbd.co.za www.smbdtyanddickson.co.za

INDEPENDENT AUDITORS' REPORT

TO THE MEMBERS OF THE BOARD OF MOT SA

We have audited the annual financial statements of MOT SA, which comprise the statement of financial position as at 31 December 2010, and the statement of comprehensive income, statement of changes in accumulated reserves and statement of cash flows for the year then ended, and a summary of significant accounting policies and other explanatory notes, and the directors' report, as set out on pages 6 to 16.

Members' Responsibility for the Annual Financial Statements

The members are responsible for the preparation and fair presentation of these annual financial statements in accordance with the International Financial Reporting Standard for Small and Medium-sized Entities. This responsibility includes: designing, implementing and maintaining internal control relevant to the preparation and fair presentation of annual financial statements that are free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditors' Responsibility

Our responsibility is to express an opinion on these annual financial statements based on our audit. We conducted our audit in accordance with International Standards on Auditing. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance whether the annual financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the annual financial statements. The procedures selected depend on the auditors' judgement, including the assessment of the risks of material misstatement of the annual financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the annual financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the annual financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

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Partners L E Rodger CA(SA) RA R J Shepherd CA(SA) RA P D Schulze PG Dip Tax Law CA(SA) RA H Adam CA/SA) RA A C Gallomay Bsc Mech Eng CA/SA) RA E Gerber CA(SA) RA M G Q de Faria CA(SA) RA

RSM Betty & Dickson (Cape Town), Practice No. 958069, is an independent member firm of RSM International, an affiliation of independent accounting and consulting firms, RSM International is the name given to a network in Independent accounting and consulting firms each of which practises in its own right. RSM International does not exist in any jurisdiction as a separate legal entity. The South African member firms of RSM International practise independently of each other in Loge Town, Johannesburg and Stavane.

ndependent Auditors' Report

RSM: Betty & Dickson

Basis for Qualified Opinion

In common with similar organisations, it is not feasible for the organisation to institute accounting controls over the receipt of donations prior to the initial entry of the receipts in the accounting records. Accordingly, it was impracticable for us to extend our examination beyond the receipts actually recorded.

Qualified Opinion

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion paragraph, the annual financial statements present fairly, in all material respects, the financial position of MOT SA as at 31 December 2010, and its financial performance and cash flows for the year then ended in accordance with International Financial Reporting Standard for Small and Medium-sized Entities.

Supplementary Information

Without qualifying our opinion, we draw attention to the fact that the supplementary information set out on page 17 does not form part of the annual financial statements and is presented as additional information. We have not audited this information and accordingly do not express an opinion thereon.

RSM Bety & Dickory (CT)

15 Greenwich Grove Station Road Rondebosch 7700

201 Date

Our ref:Mots01-2010

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RSM Betty & Dickson (Cape Town) Chartered Accountant (SA) Registered Auditors

per: LE Rodger

Annual Financial Statements

Annual Financial Statements for the year ended 31 December 2010

STATEMENT OF CHANGES IN ACCUMULATED RESERVES

Figures in Rand	Accumulated surplus	Total reserves
Balance at 01 January 2009 Changes in reserves	291 563	291 563
Total surplus for the year Total changes	<u>91 301</u> 91 301	<u>91 301</u> 91 301
Balance at 01 January 2010 Changes in reserves	382 864	382 864
Total deficit for the year	(21 131)	(21 131)
Total changes Balance at 31 December 2010	(21 131) 361 733	(21 131) 361 733

STATEMENT OF COMPREHENSIVE INCOME

Figures in Rand	2010	2009
Revenue	965 846	946 001
Operating expenses	(1 010 383)	(891 280)
Operating (loss) profit Interest received	(44 537) 23 406	54 721 36 580
Surplus for the year Other comprehensive income	(21 131)	91 301
Total (deficit) surplus for the year	(21 131)	91 301

Annual Financial Statements

Annual Financial Statements for the year ended 31 December 2010

STATEMENT OF FINANCIAL POSITION

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Figures in Rand	2010	2009
ASSETS		
NON-CURRENT ASSETS		
Property, plant and equipment	3 506	6 584
CURRENT ASSETS		
Deposit	38 815	-
Cash and cash equivalents	321 968	682 714
	360 783	682 714
Total Assets	364 289	689 298
ACCUMULATED RESERVES AND LIABILITIES		
ACCUMULATED RESERVES		
Accumulated surplus	361 733	382 864
LIABILITIES		
CURRENT LIABILITIES		
Payables	2 556	306 434
Total Accumulated Reserves and Liabilities	364 289	689 298
STATEMENT OF CASH FLOWS		
Figures in Rand	2010	2009
CASH FLOWS FROM OPERATING ACTIVITIES		
Cash receipts from donors and for services rendered	659 412	946 001
Cash paid to suppliers and employees	(1 043 564)	(619 811)
Cash (used in) generated from operations	(384 152)	326 190
Interest received	23 406	36 580
Net cash from operating activities	(360 746)	362 770
CASH FLOWS FROM INVESTING ACTIVITIES		15 7071
Purchase of property, plant and equipment Total cash movement for the year	(360 746)	(5 797) 356 973
Cash and cash equivalents at the beginning of the year	682 714	325 741
Total cash & cash equivalents at the end of the year	321 968	682 714

Thank You

We express our gratitude and appreciation to our donors, partners and volunteers for their valuable support in making the work of MOT South Africa possible in 2010.

SIGNIFICANT DONATIONS

AfriSam	80 000
Anglo American Chairman's Fund	60 000
Haugaland Videregående Skole, Norway	9 925
iKapa Elihlumayo Support Programme (WCED)	306 434
Investec Private Trust (Wise Education Trust)	25 000
Juta & Company	20 000
Media24	6 200
Metropolitan Health Group	85 000
MOT Norway	110 600
Old Mutual	20 000
Reitan Servicehandel, Norway	23 000
Santam	40 000
Sparebank, Norway	23 000

VOLUNTEERS:

Albert Krone – Production of MOT Awards Ceremony
Annelize Blake – Photographer
Boland College, Stellenbosch Campus – Choir
College staff – Registration team at the MOT Conference
Irene van Jaarveld – Accommodation for MOT
Conference delegates
Marthe Isaksen from Norway
Marcel Pretorius – Interviewing the MOT students
MOT College Coordinators, Campus Coordinators and
MOT Presenters
MOT SA Board members
MOT students – MOT Programme feedback
Northlink College, Tygerberg Campus Dance and
Drama students – Dance performances
Rozanne Waldeck & Askil Holm – Performing the
MOT song

IN KIND SPONSORSHIPS:

Ayanda Mbanga Communications – Graphic designs
Bheki Sibiya – Guest speaker at the MOT Conference & flights
Brian Eagar & TowerStone Leadership Centre – Strategy workshop & report
Dr John Demartini – Guest speaker at the MOT Conference
Dr Shegs James – Guest speaker at the MOT Conference
Independent Newspapers – Free advertisements & Editorials
Natalie B Becker – Master of ceremonies at the MOT Conference
MOT Norway – Facilitating the training of new presenters
Most Rev Dr Thabo Makgoba - Guest speaker at the MOT Conference
Prof Eltie Links – Flights for MOT Conference guest speakers
Protea Hotel Sea Point – Discounted accommodation for MOT facilitators
RSM Betty & Dickson (Cape Town) – Auditors
Safmarine – Use of Boardroom
Sasha-Lee Davids – Performance at the MOT Awards Dinner Ceremony
Soli Philander – Master of ceremonies at the MOT Awards Dinner Ceremony
Spur – MOT dinner for Norwegian delegation
1 Time Airline – Flights for MOT Conference guest speaker

BANKING DETAILS FOR ALL DONATIONS TO MOT SA

Bank: ABSA; Branch swift address: ABSA ZA JJ Branch clearing code and International code: 632005 Account name: MOT SA Cheque Account number: 4072600581

Design sponsored by



communications

Tel: 021 413 7700 • Fax: 021 425 7543 e-mail: ads@ct.amcomms.co.za The Foundry, Ebenezer Road, Green Point 8005



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