



# MOT ENTHUSIAST'S GATHERING

## CELEBRATING 15 YEARS OF YOUTH EMPOWERMENT

Date: FRIDAY, 20 OCTOBER 2023 | Time: 08:30 – 15:30

Venue: Old Mutual Building

### PROGRAMME

1.	Arrival and Refreshments		08:30 – 09:00	Gardens' Youth to welcome participants and usher to registration table and to have refreshments  Registration: Bernie, Sine, Thoko, Jacquie  Khanya and Granya to be at VIP room and directing VIP's to there
2.	Official Event Opening	Master of Ceremony: MOT SA Brand Ambassador, Robin Banks	09:00 – 09:30	Housekeeping rules: Mention wall of thanks, mention that the programme and things of today is via the QR code on their lanyard
3.	The Courage to Care Poem	MOT Youth from Gardens Commercial High School, Kino Moni and Bilqees Miller	09:30 – 09:40	
4.	Celebrating 15 years in SA	MOT SA Chairperson, Beryl Kerr Ferguson	09:40 – 09:45	
5.	My Story	MOT Founding Father, Atle Vårvik	09:45 – 10:00	
6.	Why focus on Positive Behaviour in schools	Western Cape Government, Neville Goliath	10:00 – 10:10	
7.	A closer look at one of our communities	City of Cape Town, Cllr Angus McKenzie	10:10 – 10:20	
8.	The impact of a MOT in communities	City of Cape Town, Community Services and Health, Cllr Patricia van Der Ross	10:20 – 10:30	
9.	UWC Research	University of the Western Cape, Timothy Mc Bride	10:30 – 10:40	
10	Grand style TaiChi	MOT SA Ambassador, MJ Li	10:40 – 11:00	

## REFRESHMENT BREAK (11:00 – 11:30) Nathan and Rachel playing guitar from Fairmount Secondary School

11	MOT's Inception in South Africa	<p><b>Panel Leader:</b> Alana James</p> <p><b>Panellists:</b></p> <p><b>MOT Founding Mother:</b> Sigrun Vårvik</p> <p><b>First MOT Chairperson:</b> Prof Eltie Links</p> <p><b>Founding Board member:</b> Jannie Isaacs</p> <p><b>First MOT CEO:</b> Wanda Möller</p> <p><b>First trained MOT Coach:</b> Somayah Achmat</p> <p><b>First trained MOT Youth:</b> Aurelio Joao</p>	11:30 – 12:30
12	<p><b>Certificate Ceremony:</b></p> <p>Country Director Letter of Appreciation</p> <p>MOT Masters</p> <p>Recognition of MOT Organisation</p> <p>MOT Coach of the Year</p> <p>MOT School/College of the Year</p> <p>The Are Hovstad Award</p>	Valentina the Courageous	12:30 – 13:00

## LUNCH (13:00 – 14:00) Bilqees to start dancing before lunch, Charlies Angels to end; Nathan and Rachel closer to the end of lunch 13:45

13	Zeekoegums Gumboot dancing	Gumboot dancing performance by Zeekoevlei Secondary School	14:00 – 14:25
14	Looking ahead to 2024		14:25 – 14:35
15	MOT Staff Monologue of Courage		14:35 – 14:50
16	Rapping it up with Mr Harvey	Mr Harvey and Group	14:50 – 15:00
17	MOT Song and National Anthem		15:00 – 15:10
18	Official Closing & Thanks		15:10 – 15:20