



*Show courage!*



**ANNUAL**

**REPORT**

**2019**

# MOT South Africa Concept, Strategic Mandate & Purpose

- 📢 Founded in October 2008.
- 📢 Public Benefit Organisation (PBO nr: 930028 579) registration with SARS.
- 📢 Section 18A approval from the South African Revenue Service (SARS).
- 📢 Non-Profit Organisation (NPO nr: 078690) with the Department of Social Development.
- 📢 Tax Clearance Certificate.
- 📢 Level 1 B-BBEE Contributor.
- 📢 Service SETA Accredited Training Provider (Nr. 12129).

The purpose of MOT South Africa is to ensure that the youth of South Africa have the awareness, courage, resilience and life skills to make conscious choices for them to develop to their full potential and become positive role models and leaders in their communities.

MOT was started by Norwegian top athletes after the Winter Olympics in 1994 with the objective to prevent social problems in society. The MOT Concept is based on the purpose of creating a safer society by strengthening youth's robustness, awareness and courage – courage to live, courage to care and courage to say no. The MOT Concept is like a keycard that is lent to schools and municipalities on a partnership premise.











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As we approach another decade and new era, I would like to reflect on the successes of MOT SA, our partnering high schools, TVET Colleges and Community Organisations.

MOT SA's theme for the year was *Courage to be Real* and in light of the plight of our young people, this theme is fitting to strengthen and empower the youth's self-awareness, resilience, courage and purpose. We feel immense pride to have witnessed the MOT youth's accomplishments and growth over the past year.

In 2019, the MOT SA Office completed two MOT

Basic Education and three Young MOTivators' Education Courses with groups of enthusiastic and passionate MOT Coaches and youth leaders. I would like to acknowledge and extend my sincere gratitude to the MOT SA office and their team of volunteers for their hard work and commitment to the vision and mission of MOT in our country.

MOT would not exist and be able to flourish in our communities if it were not for our MOT Associates. Our success, experience and impact is made possible by the contributions of our key stakeholders; students, colleges, the schools, community organisations, the Western Cape Education Department and devoted MOT sponsors and funders. Each year we are honoured to partner with the UWC's Further Education and Training Institute (FETI) to assess the quality of the impact the MOT programmes have on our youth. This is evident in the extensive research report compiled by Dr Joy Papier and her team. For that and all that is to come, we say thank you!

The MOT Foundation has been walking steadily at our side with grace and guiding us as we move through the impact, growth and expansion of the MOT programmes in South Africa. We thank you for being a steady pillar on which MOT SA can always rely on. The MOT SA Board has changed and grown as we welcome Yasmin Forbes, Nana Aston and Malerato Goba to the fold. We look forward to having them contribute to MOT's growth in South Africa. I would like to extend my gratitude to the Board Members for their loyalty and time they have afforded to support the MOT SA Office and strategic vision. Your input is valued and greatly appreciated.

On page 17 you will find the feedback of the MOT youth and this reflects the loving and caring nature of our trusted educators. On behalf of the MOT SA

Board and Office, I would like to thank all our incredible MOT Coaches who graciously give of their time to facilitate the MOT life skills sessions with the youth. We truly appreciate your dedication, consistency and passion. You are the backbone of this organisation!

We are constantly changing and evolving to suit the needs of our partners and have exciting developments in terms of offering community development programmes. It has been a year of many trials and tribulations, but the MOT Board and Office remain positive for the year that lies ahead. Stay safe and spread hope and COURAGE wherever you go.

I thank you.

**Prof Eltie Links**  
**Chairperson: MOT South Africa**

**LIVE  
CARE  
SAY NO**



*Show courage!*



## Country Director's Report 2019 by Julia Duminy

In 2019, we celebrated being authentic and being true to yourself and your values. The theme for the year was *Courage 2 B Real* and considering the plight of our young people, this theme was fitting to strengthen and empower the youth's self-awareness, resilience, courage and purpose. As the MOT SA Country Director, I feel immense pride to have witnessed the growth and accomplishments of our MOT youth over the past year.

In this annual report we reflect on the highlights, challenges and successes in 2019 as well as reflections of the last fiscal year.

2019 was a year of growth and learning like no other! We are proud to have welcomed new schools and community organisations and revived old partnerships. We gave a voice to our youth through our various digital platforms, which we called our *MOT Youth Blog*, trained 117 youth to become Young MOTivators and trained 99 educators and volunteers (including MOT Alumni) to become MOT Coaches. I want to thank the Programmes & Training team for their late nights and commitment to delivering quality MOT Basic Education every time! Well done!

The MOT SA board is ever-changing and growing in terms of expertise and knowledge. Welcome to all our new board members and we look forward to the journey that is to come! We greatly appreciate our

board members for their time they afford the MOT SA office and the youth. We could not grow, flourish and learn if it were not for the input and support from the MOT Foundation in Norway and all our Board Members.

A sincere thank you to Low & Schreiber, our firm of professional Chartered Accountants, who offer their services pro bono to the MOT SA office. It is because of the great support received from Low & Schreiber and our external auditors RSM South Africa Incorporated that we can confirm MOT SA's sound financial operations have been strengthened and risk management increased.

MOT SA Funders are part of the MOT SA Family. Your generous support and involvement has contributed to the upliftment and betterment of hundreds of thousands of young South Africans to date. We feel honoured to have you a part of our lives and theirs. Thank you for helping us to help them.

MOT SA can only be a success because of the team of hard working, passionate and driven individuals behind the scenes. Andiswa Makha, Jacqueline Carolus, Bernelee Luke and Marlon Van Diemen, thank you for your sacrifices and for the difference you have made in the lives of all our beneficiaries over the past year.

The work of MOT South Africa is challenging but oh-so necessary and worth it.

The Institute for Justice and Reconciliation has stated that "there is an increasing problem with the lack of discipline and respect in education throughout the world" (Teaching Respect for All Policy Brief, November 2015, pg. 8).

MOT was created to shift the mindset of educational institutions from a pure academic focus to that of values-driven education and instil values of kindness, care, respect and tolerance. MOT believes that Instilling MOT values and principles from a young age will ensure that a foundation of good sound values will guide the youth in making conscious choices for their future.

To the educators and volunteers, our MOT Coaches, who are the drivers of the MOT programmes in the classroom. We thank you for your courage as you commit to take on the challenge to realise the MOT Vision and Mission in your respective institutions. Thank you for all you do and for who you are. You are indeed the "Special Ones". All MOT Youth would agree!

I want to thank all of you reading this annual report. Thank you for all you have done for MOT, the youth and South Africa. We look forward to establishing further partnerships with government, corporates and community organisations to positively impact the lives of all youth and empower them with the tools to master their own lives.

E.E. Cummings said, "It takes courage to be who you really are". There is only one you! Go out and show the world who you are and why you are here. That is the *Courage 2 B Real*!



*Show courage!*



### Professor Eltie Links

Professor Eltie Links, Chairperson of MOT South Africa. He was appointed Chairperson to the Board of MOT South Africa on 21 May 2008. He holds a Bachelor of Commerce degree from the University of South Africa, Master of Commerce (Economics) from the University of the Western Cape, Master of Arts (Economics) and a Doctor of Philosophy (Economics) from the University of New York, Binghamton.



### Keith Loynes

Keith Loynes holds a Higher Teacher's Diploma in Commerce from the University of Cape Town and a National Higher Diploma in Management Practice from Cape Technikon. He is the founder-editor of the publication TVET College Times. He was the member of the National Landscape and the Merger Operational Task Teams that lead to the formation of the fifty public TVET Colleges in South Africa. He was among the founder members of MOT SA.



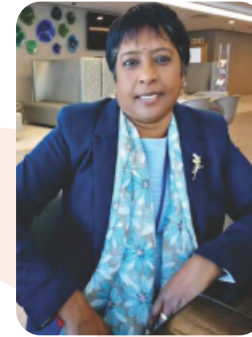
### Trish van der Merwe

Trish van der Merwe has been involved with MOT SA and the Board since its inception in 2008. She is volunteering for Halftime Institute SA as a life coach. She holds an M.Ed from the US and is a seasoned Educationist and Strategist with 34-years experience in Youth Development in the TVET sector where she steered the diverse portfolio of Innovation and Development.



### Jannie Isaacs

Jannie Isaacs holds a Teacher's Diploma (Technical), a National Certificate – and a Higher National for Certificate for Technicians, a BA, Bed from the University of the Western Cape and an MBA from the University of Stellenbosch, Isaacs is the former principal and CEO of College of Cape Town and a founder member of MOT South Africa.



### Mrs Kubeshini Govender

Mrs Kubeshini Govender is an experienced educationist, working in the arena of school leadership, management and governance. She is currently a Chief Education specialist, managing a provincial project for Minister Debbie Schaeffer and the Western Cape Education Department. Her strengths are in diversity and transformation management as well as invitational leadership and appreciative inquiry.



### Zozo Siyengo

Zozo Siyengo is an experienced Educationist who has served education for 41 years. He embodies with him experience from varied educational institutions with his greatest role in Education Leadership and Management. His portfolio as Regional Manager of TVET Colleges in the Northern and Western Cape afforded him with opportunities to engage many education social and issues. One of the founder members of MOT SA.



### Brian Dalton

Brian Dalton has extensive experience in all aspects of management with a specialization in human resources and talent development fields. This experience gained in diverse industries ranging from mining, manufacturing, pharmaceutical and retail and for the past 27 years as a management and business consultant.



### Mike Schreiber

Mike Schreiber is a Chartered Accountant with experience in numerous business sectors. Having spent several years in large audit practise, he currently runs his own accounting, tax and audit practice in Rondebosch. The practice caters mainly for smaller business entities, NPO's and individuals. He is actively involved in serving the community through his longstanding association with Wynberg Rotary, where he has served on the Board for ten years.




**Blum Khan**

Blum Khan is a successful executive in the financial services sector. Blum has enrolled at the University of Cape Town for the Chartered Accountants qualifying course and subsequently qualified as a South African Chartered Accountant in 1980, a year earlier than the prescribed time. He then started with a stint in Namibia with Shell Oil, thereafter, relocating to Australia where he worked in the Oil and Gas industry, then large scale property development and the financial services sector before returning to South Africa after 12 years. Back in SA, he leads MHG – a large health administration and managed care company as the CEO.


**Yasmin Forbes**

Yasmin Forbes, a Chartered Director, MBA and savvy technology industry executive with over 35 years of extensive professional expertise and significant executive leadership track record. Before starting her own business, Yasmin worked with Technology multinationals such as WordPerfect Corp, Novell, Hewlett Packard, Microsoft and Oracle predominately in Strategy, Sales, Technical and Business Development. Yasmin has supported many NPOs bringing together student, academic and business leaders to improve lives and address the Sustainable Development Goals. She is passionate about people development and consistently makes use of her tech-savvy skills to empower, uplift and transform the lives of women and youth all over the globe.


**Nana Aston**

Nana Aston has 13 years of experience as a legal practitioner, with a degree in law. In 2016, she completed a Compliance Management qualification at UCT. Before she joined Old Mutual as a Company Secretary in 2020, she was a Group Company Secretary and Legal Advisor for Sea Harvest. In 2013 she joined Pearson setting up compliance and risk frameworks, specializing in risk management and advising on various regulatory frameworks. Nana believes that our community organizations are the backbone of our society. She has dedicated time to giving back to NPOs and organizations whose aim and objective is for the betterment of South Africa and her people.


**Malerato Goba**

Malerato Goba is a qualified Chartered Accountant with over 10 years corporate experience in both the public but largely the private sector, in Audit (local and international), Transportation, FMCG and now in a company in the Environmental industry in the capacity of CFO.

Malerato is passionate about South Africa and its sustainability, its people, development and growth. This needs to be carried forward and therefore, she's greatly passionate about all things youth empowerment; not only as a youth leader in her church and now looks forward to further driving this passion through MOT SA. Having lectured at the University of Cape Town this past year, it's been an added solid reminder that we can all help the next generation and be the steppingstone for many, as every child deserves that opportunity to realize the abilities and courage within.





## Corporate Partners, Funders & Brand Ambassadors



### BANKING DETAILS FOR ALL DONATIONS TO MOT SA

**Account Name:** MOT SA

**Cheque Account number:** 4072600581

**Bank:** ABSA

**Branch swift address:** ABSAZAJJ

**Branch clearing code and International code:** 632005

All financial donations made towards MOT SA are tax deductible in terms of Section 18A of the Income Tax Act, and qualifies for Socio-Economic Development points in terms of the B-BBEE Code of Good Practice.

## MOT SA IN-KIND DONATION REPORT

First Consulting has again been asked to investigate and report on the nature and extent of the voluntary contributions made to MOT SA by suppliers, stakeholders, service providers and various voluntary or pro-bono workers.

MOT SA provides training, support and guidance to TVET Colleges and High Schools, and in delivering the MOT Programme and relies on the staff in these institutes to present the lessons to the students and learners, as well as to support them after the sessions. MOT SA has therefore kept its full-time staff to an absolute minimum and thus from the Annual Financial Statements it would appear that the majority of the funds donated to the organisation are being spent on salaries.

In this report an attempt will be made to illustrate the value of the “in kind” donations made by all parties and through this, balance the perception that excessive funds are allocated to the

remuneration packages of the small contingent of full-time staff members.

A position has been taken on assessing contributions for time given by lecturers, teachers, Board Members, interns and other contributors as well as donations of services and goods to MOT SA.

The total value of the in-kind donations and services received in 2019 is **R1 060 921**.

To view the full report, please visit the MOT website and click on this <http://mot.org.za/wp-content/uploads/2020/07/voluntary-contributions-2020.pdf>.

MOT SA would like to extend out gratitude to all the service providers, MOT board and leadership, MOT Coaches and volunteers who have generously contributed to the success of the MOT programmes.

Find the full report online at

<http://mot.org.za/wp-content/uploads/2020/07/voluntary-contributions-2020.pdf>





# COURAGE

On behalf of our Young MOTivators, MOT Coaches, Principals, Coordinators, Community Organisations, the MOT SA Board and Staff Members, we would like to express our deepest appreciation to our Corporate Partners, Funders and MOT Brand Ambassadors for their ongoing support and commitment to ensure that our youth are equipped, empowered and strengthened with awareness, resilience and courage; **Courage to Care, Courage to Live, Courage to say NO.**



**Simon Ekin**  
Professional Public Speaker



**Siya Kolisi**  
International Rugby Player  
& Founder of Siya Kolisi Foundation



**Robin Banks**  
International Motivational Speaker



**JP Duminy**  
Former Professional Cricket Player &  
Founder of JP21 Foundation



**MJ Li**  
World Kungfu Champion,  
TV and Radio Host



**Ayanda Dlamini**  
Actress, Radio DJ and  
Day TV Presenter



**Janice**  
Singer/Songwriter



**Carl Wastie**  
Radio Presenter & Media Personality



**Ency Litsoane**  
Businesswoman & Entrepreneur



A good teacher can inspire hope, ignite the imagination, and instill a love of learning. - Brad Henry Read

Every child deserves a champion—an adult who will never give up on them, who understands the power of connection and insists that they become the best that they can possibly be. - Rita Pierson

Becoming and being a MOT Coach means that you are the special one. It requires you to be a role model to the youth at your school and in your community and that in turn, you contribute to a warmer and safer place for all.

In 2019, MOT South Africa hosted 4 MOT Coaches' Basic Education (life-skills training workshops) for 117 aspiring MOT Coaches that consisted of educators, lecturers, Young MOTivators, Campus Managers and Volunteers from TVET Colleges, High Schools, Community Organizations and in the community within the Western Cape and TVET Colleges in the Eastern Cape. We also held 1 Refresher training for those that need to be refreshed and refueled.

## Here are some comments from our new MOT Coaches:

1. MOT has the potential to make a huge difference in people's lives. I like how they focus on the environment and society.
2. MOT encouraged me to speak about myself and re-map my journey.

3. MOT encouraged me to involve others and not exclude them. If you have courage you can help others and make them feel important.
4. MOT encouraged me to be more caring and motivating.
5. I am MOTivated to refrain from judging others and understand their “backpack”.
6. I am excited to be a part of this initiative. I am positive about giving appropriate support to youth and this program has empowered me.
7. The identity is so important. Before you can lead someone on this journey you need to go on your own, and MOT's values not only allow the youth to better themselves but for us as potential MOT coaches as well.
8. This experience made me think about what's important to me in life. I want to do more and do it better.
9. MOT taught me to change my words and be positive. Also, to change the way I see others.







### Sbongile Ngwenya

Sbongile Ngwenya, Port Elizabeth TVET College, Dower Campus shares that MOT has been a great impact on her life.

She realized that she uses MOT's core values in her daily life and in class without her knowing it:

"I promote inclusion for all students within my class, whether it is work or personal matters. MOT reinforced the spirit of Ubuntu in my class.

I enjoy assisting our Young MOTivators and MOT Youth implement to the MOT Values through their Courage to Care projects which is now an ongoing project at our college."



### Christine Thomas

Christine Thomas, False Bay TVET College, Fish Hoek Campus shares: Investing in the life skills MOT life skills programme has been a phenomenal experience in witnessing the growth and development of students who come from various cultural backgrounds.

MOT sessions are implemented at the beginning of the new terms, which allows the students to learn the MOT values by adopting the courage to care by openly sharing of themselves, revealing their innermost dreams and displaying of raw talents through dance and song. An atmosphere of trust is built which sets the platform for open participation and allowing one to just live for the moment, by letting go of all that is difficult and worrisome, through a relaxed but interactive MOT session.

With the MOT foundation being laid, there is no hesitation to show courage to live, courage to care and courage to say no. It is truly rewarding in knowing that needs have been met, new friendships established, and commitments made just through courage. A humble servitude as a MOT Coach and grateful for the ability to making a difference where it is needed most.

### Sashen Naidoo

Sashen Naidoo, False Bay TVET College, Westlake Campus shares:

"Being a MOT Coach is an opportunity, which changed my life and took me on a journey of rediscovery and redefinition. With this newfound discovery, I have been able to assist my students more productively. They have been able to connect with their true selves thus showing more confidence in their own potential and brilliance.

It has been a rewarding and worthwhile experience to watch them grow and mature in a positive way. In retrospect, these basic skills are not only for maintaining the quality of life and social cohesion but also for enabling my students to develop into healthy, productive and autonomous young adults."



### Shannon Cloete

Shannon Cloete, Boland College, Caledon Campus shares:

"I interacted with MOT many years ago when I was employed as a Career Advice Intern. It was my opportunity to interact with students in a group setting. It reinforced my love for the classroom and played a major role in my resignation and enrolment in full-time university.

I promised my college that once I have my qualification in hand if a job opportunity becomes available, I'll apply. In the same year, I graduated officially, my job was advertised. I was most excited about getting back and being a part of MOT. I even wrote about how special it would be to go back to my campus and my MOT groups in my application cover letter.

MOT is a motivation to me and allows me to be the best version I can be. My campus is MOT. MOT is family. My family."





***The youth of today are the leaders of tomorrow. - Nelson Mandela***

Tata Madiba believed that our youth play a significant role in our society. He spoke about developing and strengthening our youth to be the leaders of tomorrow. This is what MOT aims to achieve through our global life-skills concept. MOT aims to create robust youth, who includes all.

MOT youth are selected by their MOT Coaches to receive training to become Young MOTivators in their second year or after 4 MOT sessions. Young MOTivators are youth who are good role models, have a positive influence on their peers and show great leadership skills in their classroom.

In 2019, MOT SA hosted 3 Young MOTivators' Education for 117 MOT Youth. Young MOTivators from our partnering TVET College students and High School learners from Western Cape and Eastern Cape were trained to become Young MOTivators at Bridges Academy in Franschhoek. Our third Young MOTivator's Education was graciously sponsored by MySchool MyVillage MyPlanet to honour Tata Madiba during Mandela Month by

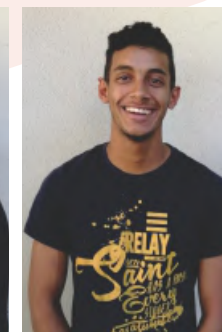
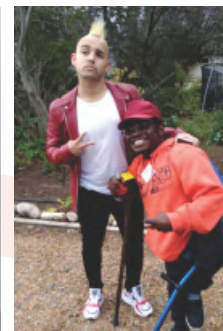
training 67 students as part of the 67 minutes initiative.

9350 MOT Youth were enrolled and impacted through our MOT Programmes!

We may not be able to shape the future for our youth, but as South Africans, we can strengthen and empower the youth to have the Courage2bReal by accepting themselves and becoming who they are meant to be.

**Young MOTivators' Education Quotes:**

1. The programme was really inspiring and I feel I want to be a much better person.
2. Our MOT Coach has helped me a lot in developing my self-confidence and to discover myself in many different ways. She taught us to have the courage to speak my mind if I don't agree or feel my boundaries are being crossed.
3. MOT has made me a better person. I was completely off the road in Level N4, but everything has been better in N5. I am busy leaving alcohol, and if it weren't for MOT and the lessons, I probably would have been lost in my own shadow.
4. MOT has changed me for the better. I learned so much. Even more at the Young MOTivators' Education.
5. I learned to stand up for myself, my personal values and principles.
6. Thank you for the big role that you have in people's lives. MOT helped me a lot and I hope it'll help others too.
7. Our MOT [Coach] is a very caring and lovely person. She taught me to always believe in myself and to never be negative about myself. The MOT programme taught me to be a better person and I am glad I got to be a part of the MOT programme.
8. My MOT Coach is amazing. She knows how to give good advice. She is always herself and full of confidence, life and energy!
9. The MOT programme has taught me a lot. How to face my problems and save them and how to make my own decisions in life. I also got my self-confidence back since I joined the MOT programme.



*Show courage!*





### Darryll Fredericks

I am Darryll Fredericks, a former Management Assistant student from Boland College, Caledon Campus. I was introduced to the MOT programme in 2017. While being in the programme, I learned that we all carry the invisible backpack (MOT Tool: an invisible heavy load each person carries daily) and that we should treat each other with respect and understanding as we are all human beings.

Being a Young MOTivator doesn't end after every MOT session or a MOT Enthusiast Gathering, because you're not just a part of an organization, but a part of a Global family that loves you despite your background or religion, wants to make the world a warmer and safer place by making robust leaders and doesn't give up on you. I still continue to portray the MOT core values in my life: Courage to care, Courage to live and Courage to say no.

I'd like to leave you with a quote from the song of Michael Jackson, "Man in the Mirror" and what I've learned from MOT: change starts with you.

Thank you, MOT for making such a positive impact on my and so many people's lives

### Crystal Carelse

My name is Crystal Carelse this is my story. I grew up in an underprivileged community and this was tough. My parents always motivated me and what always stuck with me is what my father said: "Don't be a victim of circumstances but be a victor over circumstances" and that kept me going.



After I matriculated, I struggled to find a job. My dad lost his job in that same year. I got an opportunity in a factory where I worked for 9 years. This wasn't the best job ever, but I had to work to support my family at that time. All I had to say to myself is that "I have I dream". In 2016 I got retrenched and didn't allow this to get me down. I then decided to go for my dreams and study Educare at Northlink TVET College, Goodwood Campus and this is where I was introduced to the MOT Programme. In 2018, I was selected to be a Young MOTivator and I believe that this was a privilege. I never thought that I would be a role model and MOTivating others to be the better version of themselves.

MOT has unlocked abilities inside me that I never knew I had. Growing up, I was a very shy person, but MOT gave me the courage to be me, to be an inspiration to my fellow students and community. Implementing the values: the courage to live, the courage to care and the courage to say no in my community and college has made me see life from a different perspective. Over time it became my everyday lifestyle. Thank you, MOT!

### Darren Maybe

I am Darren Maybe and the eldest of three siblings. I was raised by a single parent mother who raised me and my two siblings with only her income.

I had an emotional traumatizing childhood and did not know what it was to be loved by my father. My family and I frequently moved until my grandmother took us in.

Despite all my childhood challenges, I matriculated and went on to study Safety in Society at False Bay TVET College, Westlake Campus. After completing that course, I furthered my studies by pursuing my Diploma.

In 2018, got introduced to MOT and being a part of the MOT programmes was a life-changing experience.

I was elected to be the Chairperson of the Student Representative Council (SRC) and then made the Vice President after. MOT played an enormous role here which helped me build my self-confidence and making me believe in myself. I was also selected to become a Young MOTivator. I live by the MOT vision each day of my life, caring and giving back to the youth and the old folks by being an inspiration, by empowering them to never give up on their dreams and never to back down because of their circumstances (Courage to Care).



### Lucia Rangwedi

I'm Lucia Rangwedi, a former electrical engineering student from College of Cape Town. I first got introduced to MOT in 2016 where I was taught to be myself, tackle the world with a positive mindset, have the courage to live, the courage to care and the courage to say no. Before I've never lived by these principals due to a lack of self-esteem, confidence and believing in myself and capabilities. I've limited myself in participating in other activities that would draw attention to myself or that would put me out of my comfort zone not knowing that I was depriving myself from a lot of things. I've always allowed circumstances to swallow me, instead of rising above them. MOT taught me to be comfortable in my own skin, that I matted and have a purpose and that I can become a leader with the right positive attitude who doesn't care about other's approvals and opinion of me.

Since I took a stand to put myself first and value myself, I got elected to join the Student Representative Council (RCS) at my College and the Vice-captain for a local cricket team that I play for, which I recently got selected to manage a girls' team, as their coach. I am also a Young MOTivator and got trained as a MOT Coach this year. I love the person that I'm becoming and it's all thanks to MOT's core values, that I tackle situations and do things differently.





## MOT SA held its 10th Annual General Meeting on 2 July 2019 at the Old Mutual Building in Pinelands.

The guest speaker of the event was Dr. Patricia Jacobs, Educational Psychologist at the Institute for Post School Studies from the University of Western Cape (UWC) who is also a trained MOT Coach. She spoke about

the Courage2Conquer and how important MOT's values and principles and such interventions are for the holistic development of our youth.

MOT SA's Awards Ceremony was held at the AGM to celebrate MOT excellence.

We had the privilege to announce our very first winner of our prestigious annual Are Hovstad Award that is in honour of who Are Hovstad was and the impact he has had on MOT and the youth in South Africa. The Are Hovstad Award was awarded to Christine Thomas, a MOT Coach and MOT Coordinator at False Bay TVET College, Fish Hoek Campus who portrayed the 3 core values, the Courage to Live, the Courage to Care and the Courage to Say No and who whole-heartedly displayed similar characteristics of our beloved Are.



MOT sadly bid farewell to Northlink TVET College as a partner. We are grateful for all your hard work and valuable contribution to MOT and the positive impact and experience you have created for the youth at your College. You will be missed!

## Three additional award categories that were presented at the AGM.

The MOT Coach of the Year award was presented to Nobuntu Luthuli, MOT Coach from False Bay TVET College, Khayelitsha Campus who was recognized for excellence and reinforcing the impact and experience of MOT. The award was accepted by Noxolisa Jafta in her absence.



The MOT College Campus of the Year award was presented to Northlink TVET College, Goodwood Campus who was recognized for excellence in implementation and exhibiting the core values of MOT at their campus and in their community.

The MOT School of the Year award was presented to Simon's Town High School who was recognized for excellence in implementation and exhibiting the core values of MOT at their School and in their community.







### The MOT Office

The MOT SA Office spending the day with the kids at Masigcine Children's Home in Mfuleni



### West Coast TVET College, Atlantis Campus

A MOT Youth from West Coast TVET College, Atlantis Campus donated toiletries to the youth at a local school in her community.

*Courage to Care Day is a day that our MOT family celebrate by doing an act or many acts of kindness that will make the world a warmer and safer place. This is the same concept as Mandela Day. They had the opportunity to learn about active citizenship, to work in teams and to participate in volunteerism.*

*8 projects were organized and implemented by the MOT Youth, Young MOTivators, MOT Coaches, MOT Principals from West Coast TVET College, False Bay TVET College, College of Cape Town, Port Elizabeth TVET College and Simon's Town High School.*



### West Coast TVET College, Atlantis Campus

The MOT Youth, Young MOTivators and MOT Coaches from West Coast TVET College, Atlantis Campus surprised the General Assistants with a high tea to show their appreciation for all their hard work!

### False Bay TVET College, Fish Hoek Campus

Our Young MOTivators from False Bay TVET College, Fish Hoek Campus along with their MOT Coach visited and donated food, toys and clothes to the animals at TEARS Animal Rescue (The Emma Animal Rescue Society), including providing the staff with bites to eat.



### College of Cape Town, Wynberg Campus

Our Young MOTivators, MOT Youth, and their MOT Coach from College of Cape Town, Wynberg Campus, prepared and handed out sandwiches in Wynberg and Lansdowne roads to passabys.



### Simon's Town High School

Our Young MOTivators from Simon's Town High School spent the day reading to the grade R learners from a local school in their community.

From a Young MOTivator: "It was an amazing opportunity for us to see their faces light up with joy and amusement. I'm glad we made a difference in their lives."



### Port Elizabeth TVET College

Our Young MOTivators from Port Elizabeth TVET College, Dower Campus were invited to PE TVET College, Russell Road Campus to deliver a speech on how the choices we make determine our future as well as the importance of Education.

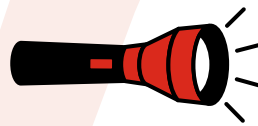
The Young MOTivators have also continued with their sanitary towel drive that started in 2018 and regularly visit and donate to the learners at their adopted Primary School in Port Elizabeth!



# MOT SA RESEARCH REPORT

## TVET COLLEGE STUDENT AND SCHOOL LEARNER RESPONSES TO THE MOT PROGRAMME

Research Report prepared by the  
**Institute for Post-School Studies (IPSS),  
University of the Western Cape 2019**



Find the full report online at

<https://mot.org.za/2020/07/mot-sa-research-report/>



### INTRODUCTION

The MOT programme has been growing steadily since it was first introduced to Technical and Vocational Education and Training (TVET) Colleges in South Africa in 2006. Since 2011, MOT SA has annually surveyed students exiting the programme to determine their experiences of the MOT programme and its perceived impact on their lives. The questionnaire has been finessed through successive iterations.

The 2019 report will be the seventh successive report since the research was piloted. The 2019 report however will be the first report on schools since the research was piloted. The report is based on responses from students who completed the MOT programme in 2017/2018 and filled out the questionnaire.

The intentions of the MOT programme are expressed in the focus areas of the questions addressed to students in the survey. These focus areas concern culture of the classroom, personal development, personal values and choices. These are in line with MOT programme curriculum themes. A copy of the questionnaire administered to students is available on request.

### Scope of Study

From the 533 students who completed the MOT programme in 2018, 364 responded to the research questionnaire.

### ANALYSIS OF THE MOT DATA

As with previous questionnaires, the questionnaire covered biographical information, and categories of questions related to how the MOT programme had

impacted on students' classroom interactions with other students, personal development, personal values and choices. Students were asked to answer 'yes', 'no' or 'not sure'.

A final section asked for written comments on the programme. The questions in each section were based on the content areas that were covered in the MOT curriculum. Students were asked to reflect on their behaviour and attitudes before undertaking MOT and to decide when answering the questions, whether MOT had changed the way they thought, felt or behaved. Students could remain anonymous in the hope that this might make them answer more truthfully.

Students were also asked to comment on the MOT programme in an open-ended way. These qualitative comments provided additional insight into how students experienced the programme, and importantly, it provided a window into how MOT impacted on their lives and aspects of the MOT programme which they personally valued. The array of comments provided too many themes to capture in this report, many of which are not included in the quantitative questions, but some illustrative quotes are captured here to capture the meanings that students attributed to different aspects investigated quantitatively.

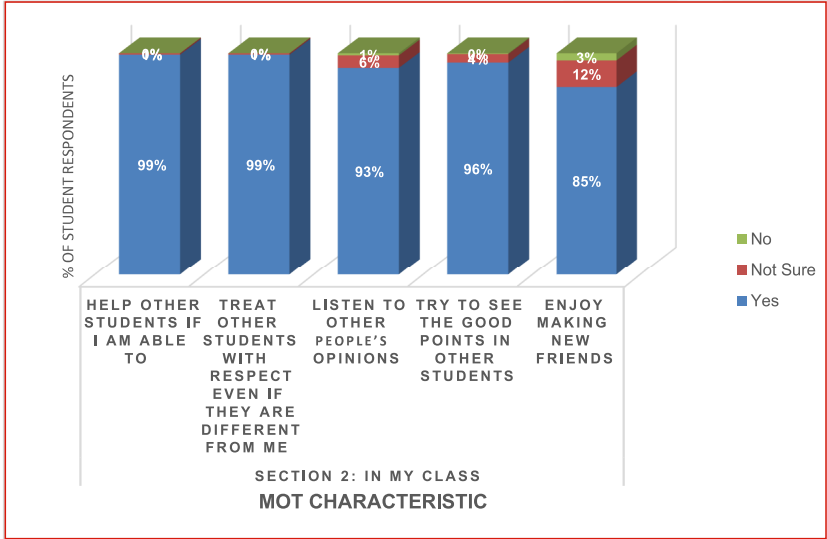
The following overall findings are set out in the sequence in which questions were answered in the questionnaires.



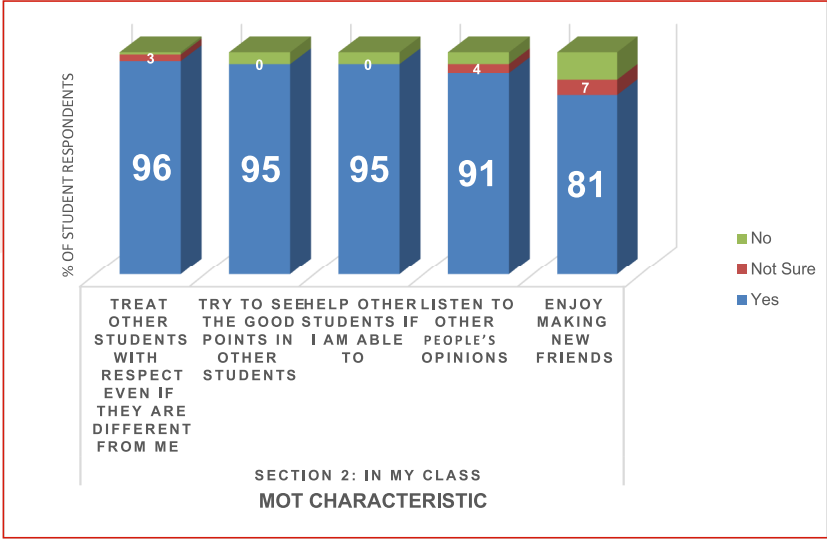


This section of the questionnaire asked students individually to assess the impact of MOT on how they treat other people. This had the overall intention of understanding how MOT contributed to the culture of the classroom. As can be seen below, the responses were overwhelmingly positive.

CLASS CULTURE FOR TVET COLLEGE

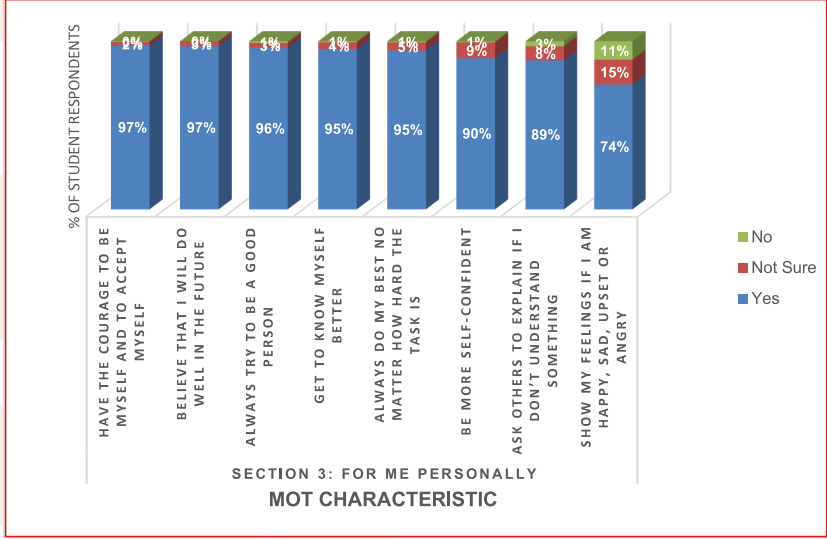


CLASS CULTURE FOR HIGH SCHOOL

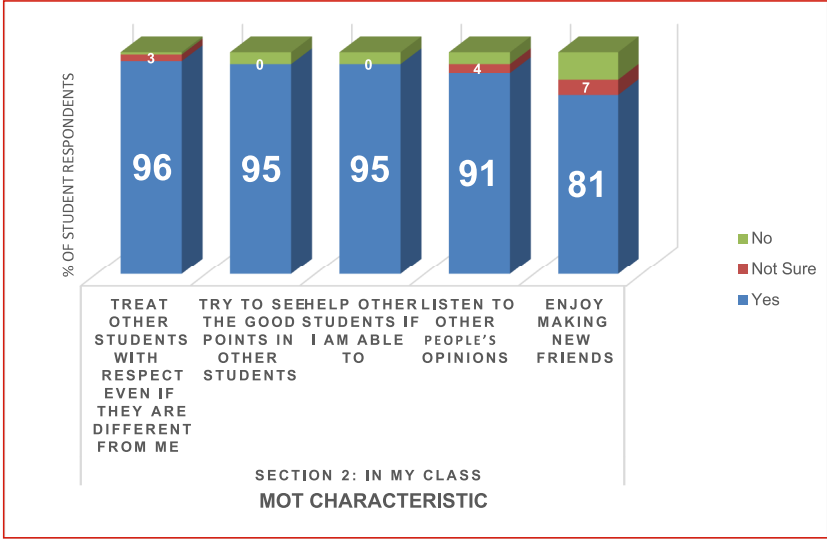


Self-knowledge and personal development were measured through student self-responses as to the current view of themselves. These constructs are held to be key elements of resilience. Figure 2 below shows the percentage of students who held positive views of themselves enabling to have the 'courage to act', a key attribute of the MOT programme.

PERSONAL DEVELOPMENT FOR TVET COLLEGE



PERSONAL DEVELOPMENT FOR HIGH SCHOOLS





The category of personal values was measured by student self responses as to how they responded to the others and uncomfortable social situations. As can be seen from the figure, high percentages of students reported that they were able to admit to and/or resist personal wrong doing.

PERSONAL VALUES FOR TVET COLLEGES

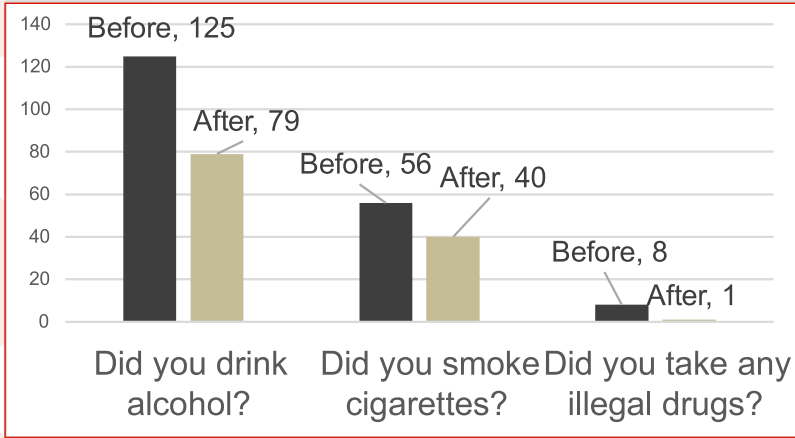


PERSONAL VALUES FOR HIGH SCHOOLS

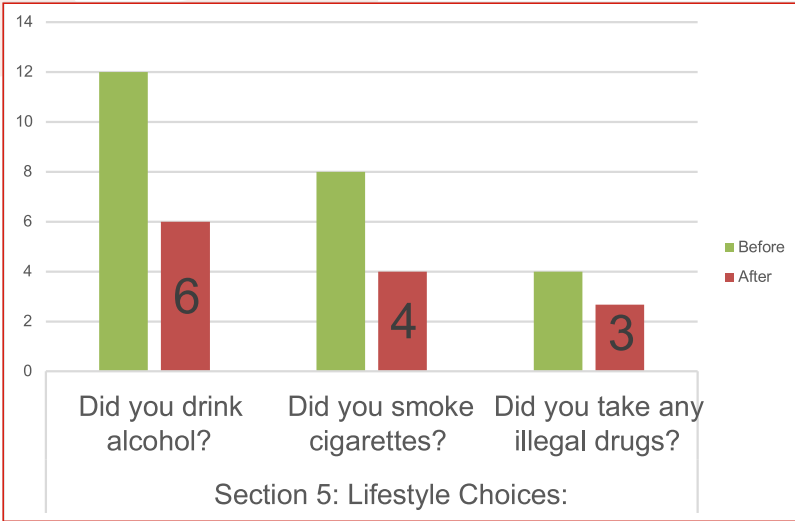


The number of students who have forsaken potentially harmful habits like smoking, drinking and drugs continues to be an area of continuing impressive achievement of the MOT programme. Students were asked whether they smoked, drank or did drugs before and after the programme. The results are shown in Figure 4. As can be seen 16 stopped smoking, 46 stopped drinking, and 7 stopped used illegal drugs.

LIFESTYLE CHOICES FOR TVET COLLEGE



LIFESTYLE CHOICES FOR HIGH SCHOOLS



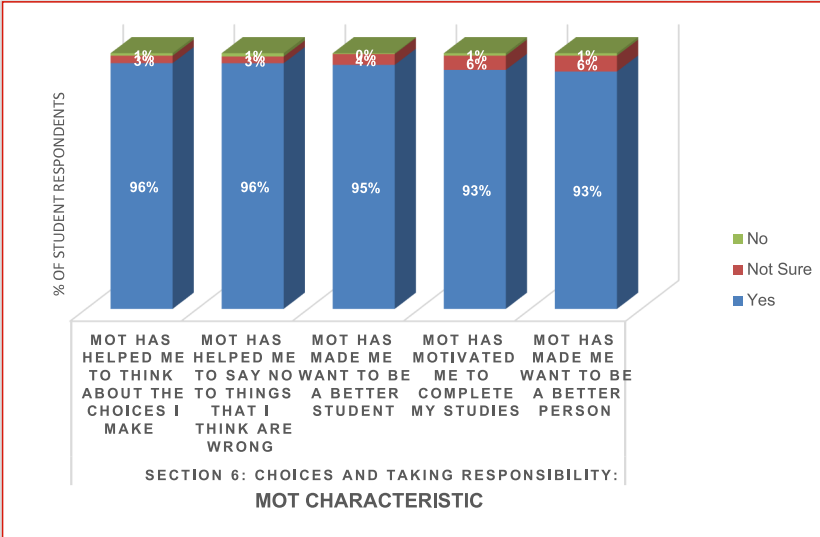
Whilst not all students stopped these habits, these are regarded as substantial personal successes in the cases of those students who did stop these habits. Given the difficulty that many experience in foregoing these habits, and the generally low success rate that many programmes achieve, the fact that students report having quit these habits at all and in so many cases attests to the impact of the MOT programme.

Show courage!

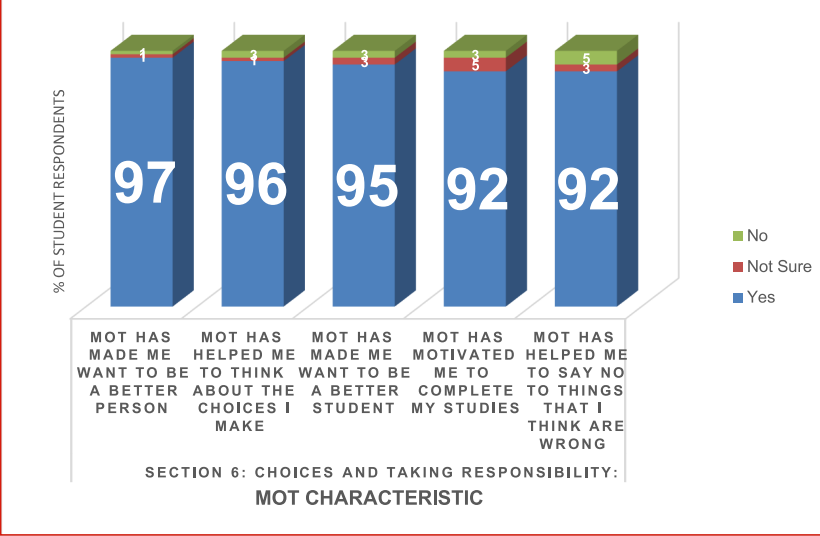


This section focused on the types of choices students made, with the academic persistence choices being particularly interesting. The questions referenced MOT's role in students making these choices.

CHOICES FOR TVET COLLEGE

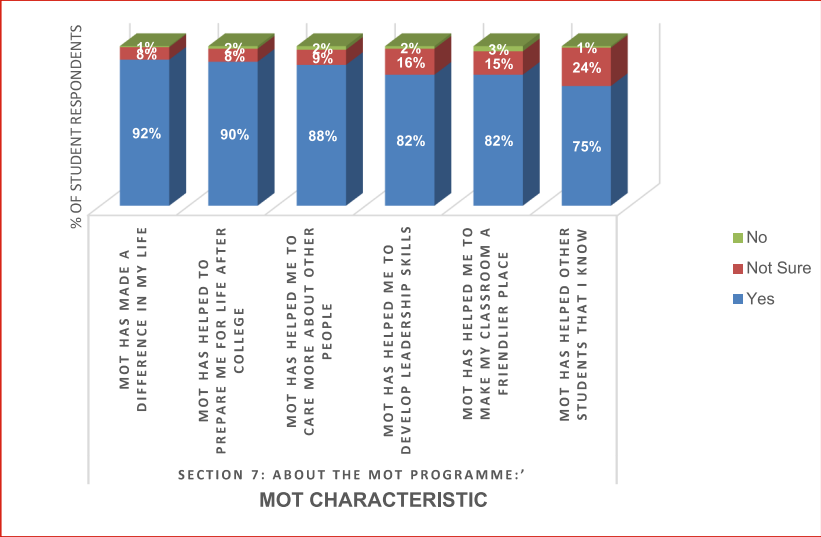


CHOICES FOR HIGH SCHOOL

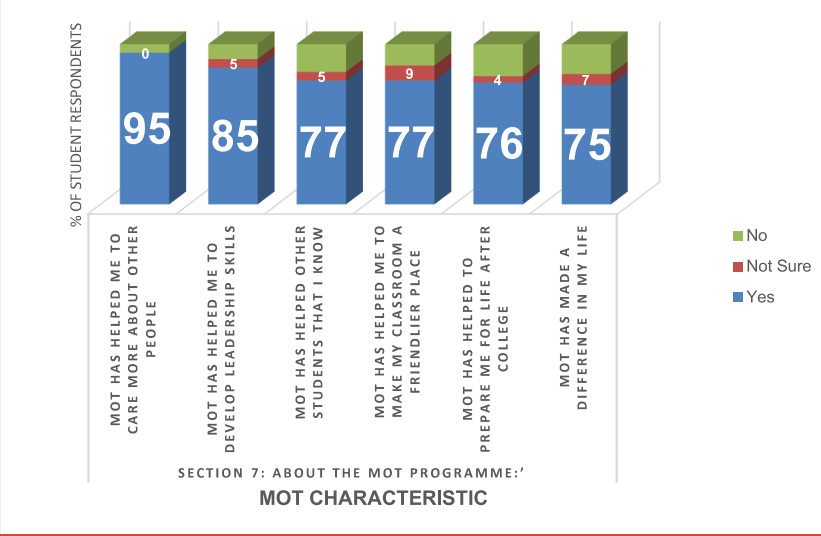


This section asks students to specifically attribute the role that MOT played in their development as reported in previous sections. Students responses are provided in Figure 6. As can be seen in descending order the number of students attributing personal characteristics' development to MOT, the responses were overwhelmingly positive.

THE MOT PROGRAMME FOR COLLEGES



THE MOT PROGRAMME FOR HIGH SCHOOLS





# MOT SA FINANCIAL REPORT

MOT SA  
(Registration number: 930 028 579)  
Financial Statements for the year ended 31 December 2019

## STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2019

Figures in Rand	Note	2019	2018
<b>ASSETS</b>			
<b>Non-Current Assets</b>			
Property, plant and equipment	2	2	3 722
<b>Current Assets</b>			
Trade and other receivables		165 890	-
Cash and cash equivalents	3	84 312	392 736
		<b>250 202</b>	<b>392 736</b>
<b>Total Assets</b>		<b>250 204</b>	<b>396 458</b>
<b>FUNDS AND LIABILITIES</b>			
<b>FUNDS</b>			
Accumulated funds		133 854	250 698
<b>LIABILITIES</b>			
<b>Current Liabilities</b>			
Trade and other payables		11 537	1 641
Deferred income	4	104 813	144 119
		<b>116 350</b>	<b>145 760</b>
<b>Total funds and Liabilities</b>		<b>250 204</b>	<b>396 458</b>

# ANNUAL FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2019

MOT SA  
(Registration number: 930 028 579)  
Financial Statements for the year ended 31 December 2019

## STATEMENT OF COMPREHENSIVE INCOME

Figures in Rand	Note	2019	2018
Revenue	5	1 523 555	1 269 721
Other income		1 335	-
Operating expenses		(1 655 781)	(1 777 030)
<b>Operating deficit</b>	6	<b>(130 891)</b>	<b>(507 309)</b>
Investment income		14 047	24 601
Finance costs		-	(1 293)
<b>Deficit for the year</b>		<b>(116 844)</b>	<b>(484 001)</b>



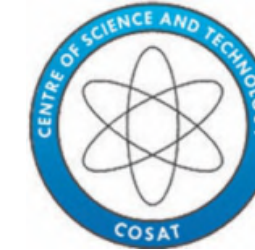
## TVET COLLEGES



## COMMUNITY ORGANISATIONS



## HIGH SCHOOLS



**SANS SOUCI**  
GIRLS' HIGH SCHOOL  
ESTABLISHED 1960

Show courage!





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